

PALARONG PAMBANSA 2011 - 5/10/2011 to 5/13/2011**Results - THIRD DAY FINALS May 12, 2011****#33 Boys 6-12 400 Meter Free ELEMENTARY****PALARO: 4:35.42 2009 Omar Philip Dacera**

Name	Age	Team	Finals Time	
1 Guevarra, Alnair	12	NCR	4:42.21	7.0
2 Arcilla, Jose Marie S	12	R-4A	4:42.77	5.0
3 Labao, Jenkins Loren	12	CAR	4:45.04	4.0
4 Ebon, Kirk Tristan	12	R-7	5:04.43	3.0
5 Ilustre, Maurice Sach	12	NCR	5:04.67	2.0
6 Santos, Jose Maria	12	R-3	5:08.10	1.0
7 Casino, Joshua	12	R-4A	5:09.58	
8 Estremos, Justine	12	R-8	5:13.80	
9 Cezar, Patrick John	12	R-6	5:20.53	
10 Ventura, Jonel	12	R-9	5:22.36	
11 UY, Jan Wilfred	12	R-11	5:24.78	
12 Sanchez, Mhel Steph	12	R-10	5:25.91	
13 Abad, Juan Carlos T	12	R-1	5:29.29	
14 Jabol, Jeric	12	R-10	5:31.19	
15 Hernandez, James Pe	12	R-5	5:31.60	
16 Dela Cruz, Alvin Joh	12	R-4B	5:35.34	
17 Sison, Jadriel Josh	12	R-3	5:36.08	
18 Anor, Christian Paul	12	R-11	5:43.84	
19 Aporbo, Welson	12	R-13	5:50.93	
20 Bamboa, June Ian Ro	12	R-12	5:51.85	
21 Arsula, Glenn Adrian	12	R-9	5:53.18	
22 Sasedor, Michael	12	R-7	5:57.67	
23 Ordonio, Justine Low	12	R-1	5:59.77	
24 Villamor, Kim	12	R-4B	5:59.90	
25 Hembra, Geniel	12	R-6	6:04.60	
26 Dagum, Kevin Troy	12	R-12	6:09.77	
27 Bernabe, Casey	12	CAR	6:21.38	
28 Bahia, Lance Thoma	12	R-2	6:22.80	
29 Husain, Jilbert	12	R-13	6:23.92	
30 Vecina, Steven	12	R-5	6:38.39	

#34 Girls 6-12 400 Meter Free ELEMENTARY**PALARO: 4:54.55 2010 Catherine Bondad**

Name	Age	Team	Finals Time	
1 Bondad, Catherine	12	R-4A	4:58.39	7.0
2 Daos, Chloe	12	NCR	5:09.57	5.0
3 Jerez, Christianne An	12	R-6	5:12.52	4.0
4 Cawaling, Gwyneth	12	R-1	5:18.72	3.0
5 Indaya, Karen Mae	12	R-7	5:21.96	2.0
6 Siroy, Ruth Naomi	12	NCR	5:22.01	1.0
7 Navarro, Lyh Ann	12	R-7	5:22.83	
8 Himor, Zuzanne Vern	12	R-4A	5:30.30	
9 Tan, Aisa Jasmine	12	R-10	5:30.55	
10 Brigoli, Julianne Mar	12	R-6	5:31.75	
11 Jalmaani, Shermalyn	12	R-9	5:40.80	
12 Nuque, Anna Patricia	12	R-3	5:44.79	
13 Bullo, Christal Ray	12	R-8	5:45.42	
14 Payaket, Samantha	12	CAR	5:48.00	
15 Chuateco, Clinyl Ma	12	R-3	5:51.33	
16 Saavedra, Louise Jan	12	R-9	5:53.10	
17 Baaco, Frances Geri	12	R-4B	5:55.94	
18 Dagaojes, Gwynyth F	12	R-12	6:00.67	
19 Hilario, Zoe Marie	12	R-11	6:06.85	
20 Talavera, Jea Kassan	12	R-5	6:06.98	

#35 Boys 13-17 800 Meter Free SECONDARY**PALARO: 8:58.36 2010 Fahad Alkhaldi**

Name	Age	Team	Finals Time	
1 Alkhaldi, Fahad	16	R-4A	9:06.03	7.0
2 Francisco, Lawrence	16	R-4A	9:12.35	5.0
3 Ayroso, Rydell	16	NCR	9:31.11	4.0
4 Dacera, Omar Philip	16	R-12	9:31.48	3.0
5 Lacuna, Dexter John	16	R-3	9:45.34	2.0
6 Sabornido, Dominic	16	R-10	9:52.10	1.0
7 Balinas, Joshua	16	R-6	9:55.58	
8 Ongjoco, Samuel	16	NCR	9:57.61	
9 Manalo, Renz Carlo	16	R-3	10:05.32	
10 Del Carmen, Karlo	16	R-6	10:21.95	
11 Gatinao, Mark	16	R-10	10:23.84	
12 Ocampo, Keith Ashle	16	R-7	10:25.57	
13 Pormilos, Arvin Clyn	16	R-12	10:27.72	
14 Argos, Michael Glen	16	R-13	10:39.80	
15 Rubio, John Paul	16	R-4B	10:43.22	
16 Ubanan, Genard Geo	16	R-7	10:46.34	
17 Cheng, Nathan	16	CAR	10:57.88	
18 Protacio, Joshua Alb	16	R-11	11:03.54	
19 Sangalang, Michael	16	R-4B	11:22.18	
20 Velasco, Jonas Trista	16	R-11	11:25.24	
21 Cargamento, Champ	16	R-1	11:26.61	
22 Sta. Rosa, Ronil	16	R-5	11:33.36	
23 Umayam, Jonel	16	R-2	11:45.08	
24 Noora, John Paulo	16	R-5	11:59.30	
25 Cadiente, Derick San	16	R-1	12:13.73	
26 Hermogino, Johnny	16	R-8	12:24.99	
27 Attip, Jerry	16	CAR	13:44.54	

#36 Girls 13-17 800 Meter Free SECONDARY**PALARO: 9:48.12 2010 Erika Kristy Lukang**

Name	Age	Team	Finals Time	
1 Martinez, Lea Marga	15	R-4A	9:48.25	7.0
2 Dy, Whitney	15	NCR	10:16.65	5.0
3 Uy, Kimberly	15	NCR	10:23.47	4.0
4 Carbajal, Gail Maxin	15	R-10	10:27.15	3.0
5 Limaco, Remselle	15	R-6	10:47.12	2.0
6 Tan, Hillary Jovette	15	R-6	10:52.33	1.0
7 Paraiso, Ana Daniela	15	R-7	10:56.43	
8 Saavedra, Mary Ange	15	R-9	11:04.43	
9 Basaya, Vanessa	15	R-4B	11:12.85	
10 Cardinal, Pia Angelyl	15	R-12	11:15.35	
11 Gimena, Anjiyah	15	R-9	11:20.44	
12 Carpio, Precious Leig	15	R-4B	11:20.50	
13 Muyalde, Hillary	15	R-1	11:20.65	
14 Godoy, Ma. Michelle	15	R-3	11:35.35	
15 Jugar, Rhezel	15	R-12	11:42.91	
16 Rockwood, Nathania	15	R-1	11:45.98	

#37 Boys 6-12 50 Meter Back ELEMENTARY**PALARO: 30.93 2009 Christen Mercado**

Name	Age	Team	Finals Time	
1 Rominquit, Mark Jos	12	NCR	31.75	7.0
2 Romero, Ken Gil	12	NCR	32.19	5.0
3 Flores, Gabriel Joshu	12	R-4A	32.97	4.0
4 Pampolina, German P	12	R-4A	34.27	3.0
5 Poquiz, Sandro	12	R-1	34.53	2.0
6 Duron, Jiro Mervin	12	R-6	35.05	1.0
7 Mangilinan, Robi	12	R-1	35.14	
8 Rodriguez, Elson Jak	12	R-11	35.48	

#38 Girls 6-12 50 Meter Back ELEMENTARY**PALARO: 32.62 2006 Dorothy Grace Hong**

Name	Age	Team	Finals Time	
1 Canlas, Adrian Ysabe	12	NCR	35.09	7.0
2 Garbanzos, Regine A	12	R-6	35.15	5.0
3 Pillado, Francis May	12	R-4B	35.28	4.0
4 Galay, Red	12	R-4A	35.56	3.0
5 Jerez, Christianne An	12	R-6	35.82	2.0
6 Agapito, Micah Joy	12	R-3	35.85	1.0
7 Andrade, Alaisa Jane	12	R-3	35.91	
8 Alquizar, Joanah	12	R-10	35.95	

#39 Boys 13-17 200 Meter Back SECONDARY**PALARO: 2:12.61 2005 Ryan Arabejo**

Name	Age	Team	Finals Time	
1 Alkhaldi, Fahad	16	R-4A	2:17.56	7.0
2 Marquez, Franz	16	R-4A	2:21.74	5.0
3 Alindogan, Mark Jas	16	R-3	2:24.47	4.0
4 Santos, Jan Jeric	16	NCR	2:24.91	3.0
5 Tan, Bryan Yot V	16	R-5	2:25.61	2.0
6 Baaco, Franz Garrett	16	R-4B	2:31.01	1.0
7 Pallasigui, Ian Jayne	16	R-3	2:32.21	
8 Parangan, Huxley	16	R-10	2:36.44	

#40 Girls 13-17 200 Meter Back SECONDARY**PALARO: 2:22.68 1998 Liza Danila**

Name	Age	Team	Finals Time	
1 Herranz, Ariana	15	R-4A	2:29.10	7.0
2 Gray, Courtney Meli	15	R-4A	2:29.40	5.0
3 Yu, Roxanne	15	NCR	2:30.10	4.0
4 Dy, Whitney	15	NCR	2:35.56	3.0
5 Lora, Lorelie E	15	R-11	2:41.06	2.0
6 Tiquia, Denise Angel	15	R-4B	2:44.04	1.0

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7	Leduna, Sheena Rose	15 R-7	2:49.60
8	Limaco, Remselle	15 R-6	2:54.71

#41 Boys 6-12 100 Meter Fly ELEMENTARY**PALARO: 1:03.04 2000 Ronald Guiriba**

Name	Age	Team	Finals Time
Finals			
1	Kong, Michael Ichiro	12 R-7	1:07.43 7.0
2	Frias, Rogelio Rafael	12 R-4A	1:08.06 5.0
3	Arcilla, Jose Marie S	12 R-4A	1:08.77 4.0
4	Pogiongko, Andrae	12 NCR	1:10.40 3.0
5	Donato, Lans Rawlin	12 R-3	1:11.20 2.0
6	Arellano, Miguel Ant	12 NCR	1:12.55 1.0
7	Evangelista, Luis	12 R-6	1:14.27
8	Babas, Valangelo Erc	12 R-12	1:15.88

#42 Girls 6-12 100 Meter Fly ELEMENTARY**PALARO: 1:09.90 2006 Jasmine Al-Khalidi**

Name	Age	Team	Finals Time
Finals			
1	Pillado, Francis May	12 R-4B	1:09.38 7.0
2	Daos, Chloe	12 NCR	1:12.82 5.0
3	Prejula, Grynne	12 R-4A	1:15.18 4.0
4	Navarro, Lyh Ann	12 R-7	1:15.74 3.0
5	Castrillo, Regina	12 NCR	1:17.05 2.0
6	Brigoli, Julianne Mar	12 R-6	1:19.18 1.0
7	Himor, Zuzanne Veri	12 R-4A	1:19.61
8	Duroy, Emma Alexai	12 R-7	1:20.27

#43 Boys 13-17 100 Meter Fly SECONDARY**PALARO: 59.07 2010 Gabriel Lorenzo Castelo**

Name	Age	Team	Finals Time
Finals			
1	Castelo, Gabriel	16 NCR	58.13 7.0
2	Ngui, Axel	16 NCR	1:00.67 5.0
3	Palencia, Jose Gio	16 R-4A	1:01.33 4.0
4	Lacuna, Dexter John	16 R-3	1:02.20 3.0
5	Acain, Joshua	16 R-10	1:04.26 2.0
6	Ramos, Ralph Romec	16 R-2	1:04.92 1.0
7	Rojo, Alfred Valentir	16 R-6	1:05.04
8	Pilapil, Mark Joseph	16 R-4B	1:05.90

#44 Girls 13-17 100 Meter Fly SECONDARY**PALARO: 1:06.00 2009 Delia Angela Cordero**

Name	Age	Team	Finals Time
Finals			
1	Lipat, Maria Aresa	15 R-4A	1:09.66 7.0
2	Martinez, Lea Marga	15 R-4A	1:10.54 5.0
3	Ilustre, Ingrid C	15 NCR	1:10.75 4.0
4	Occeno, Rosemary	15 R-6	1:12.01 3.0
5	Yu, Roxanne	15 NCR	1:12.24 2.0
6	Muyalde, Hillary	15 R-1	1:13.67 1.0
7	Castante, Tam Marie	15 R-6	1:15.03
8	Pangan, Patricia Jem	15 R-3	1:19.10

#45 Boys 6-12 200 Meter Free 4 X 50 ELEMENTARY**PALARO: 1:52.05 2010 NATIONAL CAPITAL****R STA. MARIA, C LIMSUI, J LIM, A BAUTISTA**

Team	Relay	Finals Time
Finals		
1	NCR	A 1:53.64 14.0
Callanta, Marco Daniel 12		Claveria, Skyler 12
Guevarra, Alnair 12		Dapat, Emman Nuellito 12
2	R-4A	A 1:54.06 10.0
Casino, Joshua 12		Arcilla, Jose Marie Sebastia
Flores, Gabriel Joshua 12		Lavina, Jose Gabriel 12
3	R-7	A 2:02.36 8.0
Docabo, Ian Jun Phillip 12		Birad, Patrick Louie 12
Ebon, Kirk Tristan 12		Kong, Michael Ichiro 12
4	R-1	A 2:03.67 6.0
Mangilinan, Robi 12		Munar, Zyriljan 12
Poquiz, Sandro 12		Abad, Juan Carlos T 12
5	R-10	A 2:04.54 4.0
Jabol, Jeric 12		Sanchez, Mhel Stephen 12
Aguiton, John Carl 12		Compo, Danilo 12
6	R-5	A 2:04.70 2.0
Hernandez, James Peter 12		Ovilla, Arsenio 12
Adornado, Emmanuel 12		Angulo, Julius 12
7	R-6	A 2:07.25
Cezar, Patrick John 12		Itona, Jude Anthony 12
Duron, Jiro Mervin 12		Hembra, Geniel 12
8	R-9	A 2:08.20
Abubakar, Sabdani 12		Horserada, Mark Leonard 12
Jaafar, Marc Kyle 12		Rugasan, Rhadzwie 12

#46 Girls 6-12 200 Meter Free 4 X 50 ELEMENTARY**PALARO: 2:02.88 2010 NATIONAL CAPITAL****P AQUINO, A CANAYA, S UY, A POGIONGKO**

Team	Relay	Finals Time
Finals		
1	NCR	A 2:08.76 14.0
Siroy, Ruth Naomi 12		Tee, Patricia Micaela 12
Castenada, Hannah 12		Daos, Chloe 12
2	R-4A	A 2:08.95 10.0
Prejula, Grynne 12		Lim, Ma. Erriel Jane 12
Serrato, Giane Marinela 12		Agoncillo, Josefa 12
3	R-6	A 2:11.23 8.0
Occeno, Julie Marie 12		Eslafor, Erika Joy 12
Perlas, Pearl Frances 12		Ortega, Ada Beatrice 12
4	R-5	A 2:13.71 6.0
Oliveros, Trisha Anne 12		Llabore, Loren 12
Celestial, Lea 12		Talavera, Jea Kassandra 12
5	CAR	A 2:19.04 4.0
Dumling, Elijah 12		Payaket, Christine 12
Fernandez, Carla 12		Payaket, Samantha 12
6	R-10	A 2:20.28 2.0
Cortes, Alexandra 12		Alfeche, Hanna Seath 12
Parajes, Keech 12		Abellanos, Allana 12
7	R-3	A 2:21.78
Sison, Jamil Arielle 12		Antonio, Elijah Jean 12
Santos, Edelyn Ann 12		Nuque, Anna Patricia 12

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Manlusoc, Leanne Denise 1		Muyalde, Lariane Maryjho	
Ordone, Carmela Jasmine 1		Cawaling, Gwyneth Amber	

#47 Boys 13-17 200 Meter Free 4 X 50 SECONDARY**PALARO: 1:44.28 2008 REGION V****W SUNGLAO, M BERCES, J PANTILLA, J ZAPANTA**

Team	Relay	Finals Time
Finals		
1	R-4A	A 1:43.78 14.0
Palencia, Jose Gio 16		Francisco, Lawrence Joshua
Marquez, Franz 16		Chua, Jethro Robert 16
2	R-6	A 1:49.26 10.0
Rojo, Alfred Valentin 16		Erojo, Tom Allen 16
Calaour, Mario 16		Balinas, Joshua 16
3	NCR	A 1:49.38 8.0
Ongjoco, Samuel 16		Ayroso, Rydell 16
Timtim, Ian Rex 16		Borja, Eian 16
4	R-7	A 1:49.41 6.0
Tungala, Lister Ray 16		Soriano, Edgar Allan 16
Bayona, John Paul 16		Beltran, John Mighelson 16
5	R-5	A 1:50.21 4.0
Tan, Bryan Yot V 16		Noora, John Paulo 16
Mejia, Nelson Henry 16		Azor, Jeffrey 16
6	R-10	A 1:50.42 2.0
Acain, Joshua 16		Gatinao, Mark 16
Rovira, Jose Valerio 16		Sabornido, Dominic 16
7	R-3	A 1:50.68
Alindogan, Mark Jason 16		Pallasigui, Francis 16
Perez, Martin Lyle 16		Pallasigui, Ian Jayne 16
8	R-11	A 1:51.90
Panganiban, Brian Alric 16		Protacio, Joshua Albert 16
Saimodin, Abner 16		Trinidad, Sam Daniel 16

#48 Girls 13-17 200 Meter Free 4 X 50 SECONDARY**PALARO: 1:57.05 2008 NATIONAL CAPITAL****R YU, C QUILALA, P YAM, W YU**

Team	Relay	Finals Time
Finals		
1	NCR	A 2:01.21 14.0
Cheng, Hannah T 15		Galang, Claire A 15
Yu, Roxanne 15		Mendoza, Jhoy S 15
2	R-4A	A 2:01.94 10.0
Velasquez, Ariane Lorraine		Gray, Courtney Melissa 15
Libat, Kristine Kayne 15		Gojar, Maria Sandra 15
3	R-6	A 2:02.88 8.0
Mabus, Kyla Isabelle 15		Elpeloa, Jhannah Kaye 15
Testa, Danna Mae 15		Duarte, Rikka Michel 15
4	R-7	A 2:03.70 6.0
Arellano, Bethmay 15		Paraiso, Ana Daniela 15
Goyenechea, Mary Lorenz		Solomon, Maikela 15
5	R-12	A 2:04.13 4.0
Madero, Vina Rose 15		Yap, Ellaine Catte B 15
Mercado, Kiesha Yvet 15		Jugar, Rhezel 15
6	R-5	A 2:09.24 2.0
De Leon, Kurtney 15		Locsin, Danica Claudia 15
Imperial, Crstal Joy 15		Esperida, Jan Jesele 15

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7 R-10	A	2:15.51
Nilles, Dianne C 15	Cortez, Samantha G 15	
Goyeneche, Alexandra Lou	Carbajal, Gail Maxine 15	
--- CAR	A	DQ
Fernandez, Elijah 15	Depalog, Angel 15	
Labao, Ernalou 15	Labao, Elouise 15	